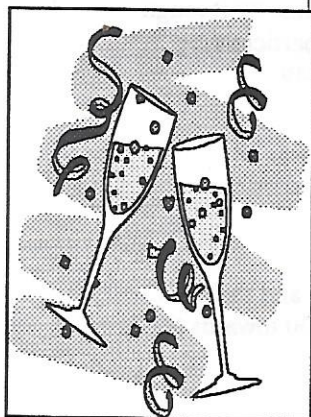


❖awis newsletter❖

San Diego Chapter

May/June 1993



Last year's Women in Bioscience Conference has received an Award of Merit from the PR Club of San Diego

AWIS Conference Receives PR Award

The San Diego public relations community has bestowed an industry award on Women in Biosciences: Opportunities in the Nineties. Lynne Friedmann and the Association for Women in Science received an Award of Merit in the Pro Bono category from the Public Relations Club of San Diego in its 1994 Mark of Excellence Awards competition. The award was announced on April 21 by Channel 10 broadcaster Jack White during an awards banquet at the Rancho Valencia Resort.

Women in Bioscience, held on October 16, 1993, on the UCSD campus, attracted 300 participants and the financial support of nearly 40 bioscience and allied service companies.

Members of the conference organizing were: Barbara Armstrong, Judy Berlfein, Rosemary Fellows, Patricia Ferber, Lisa Grillone, Joan Kanter, Yolanda Nieuwkerk Lerner, Sue Lowery, Tonya Novara, Michele Ramirez-Weinhouse, Sandra Slivka, and Elinor Williams.

Congratulations!

School Outreach

Established just a few months ago, AWIS volunteers have already been invited to participate in high school career fairs and girl scout meetings. An Education subcommittee has been created to develop portable, simple experiments that outreach volunteers can incorporate into their presentations. If you would like to help in this effort, leave a message for Jennifer Royce on the AWIS phone line (687-5580). Sue Lowery is heading an Evaluation/Direction subcommittee that will create and administer a questionnaire on the outreach program. Input from volunteers, students, and teachers will help focus and provide direction for the program. If you'd like to become involved, call 687-5580.

Having it all: Advice from Helen Free

Our March speaker was Helen Free, past president of the American Chemical Society, a distinguished chemist who has worked for nearly 50 years for Miles Laboratories, taken an active role in the ACS, and raised nine children while maintaining a sense of balance and a touch of humor.

During an entertaining and informative presentation co-sponsored by AWIS and GWIS, Free shared her professional and personal insights into "having it all." Tips include:

- Exercise and eat right
- Never stop learning
- Have a positive attitude — always!
- Enjoy your work
- Be confident
- Write down your goals, review them often, and change them if necessary
- Always have a Plan B ready
- Learn to communicate for success
- Court your blessings every day

As those in the audience will attest, Free follows Dale Carnegie's axiom to "act enthusiastic and you'll be enthusiastic."

She is a role model for all women in science that professional success is measured by accomplishments, not only in the work environment, but through participation in professional organizations and maintaining a strong sense of family and self.

Membership Expands

With 122 paid members (24 new members since January), membership in the San Diego AWIS chapter is at an all-time high.

New Look for Newsletter

The AWIS Newsletter has been redesigned using Microsoft Publisher software.

Finding Funding

Our April meeting provided advice from grants and contracts offices and funding agencies on how to find and obtain funding for scientific training and research.

- Become familiar with databases that list sources of grants and scholarships. These are available through university grants and contracts offices, university libraries, and through commercial on-line services that can be accessed through personal computers.
- Contact funding agencies to find out what types of support they provide and details of the application process
- Talk to individuals who have received funding for insights on how they prepared their application
- Review successful grant applications, kept on file in university libraries

Recommended reading:

Gordon, S.L. (1989). Ingredients of a Successful Grant Application to the NIH. *J. Orthopaedic Res.* 7:138-41.

Getting Funded: A Complete Guide to Proposal Writing, by Mary Hall. Continuing Education Publications, Portland State University, P.O. Box 1491, Portland, OR 97207.

AWIS would like to thank Teresa Young (Deloitte & Touche) for organizing this event, moderator Patty Morrison (Deloitte & Touche) and panelists Kim Nguyen (UCSD), Jeaneth Villegas (UCSD), Jacquelyn White (USD), Mary Ziegler (Children's Hospital Research Center), and Sharon Murphy (Leukemia Society of America).

Leadership Conference

Sue Lowery will represent the San Diego Chapter at the AWIS Leadership Conference, May 12 - 14, in Washington, D.C. The conference has received major underwriting through grants from NASA and the Department of Energy. A highlight of the conference will be a congressional reception co-sponsored by AWIS on the evening of May 12.

Looking for Labs

Upward Bound Math/Science, an SDSU program, is seeking university and industry researchers to become Summer Science Mentors to high-achieving, ethnically diverse, low-income high school students. Fifteen 12th grade students will live and study on-campus at SDSU for six weeks, taking molecular biology, writing, and computer classes in the morning, and working as lab assistants in the afternoons. Upward Bound provides all transportation, stipends, and carefully screen applicants to find a "match" for your laboratory. The combination of academic training and "real world" experience helps students to enter and succeed in college. The program runs from June 29 through August 2. If you are interested in participating, please call Cynthia Park at 594-2349.

Corporate Support

AWIS wishes to thank Pam Surko and the SAIC Corporation for its donation of \$100 towards the first AWIS mentoring brunch.

AWIS Newsletter

The AWIS San Diego Newsletter is published bi-monthly and provides AWIS members and supporters with information on chapter activities, career development, and issues related to women in science.

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The newsletter is free to AWIS members.

Subscription rate for non-members is \$20 a year.

Send news items and suggestions to P.O. Box 1725, Solana Beach, CA 92075; phone 793-3537, fax 793-1144. Deadline for the next newsletter is June 10.