

# NEWSLETTER

## Association for Women in Science

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- San Diego Chapter -

### AWIS CALENDAR

May 13 (Weds.) -- Presentations by AWIS 1992 Science Fair winners, 6:30 p.m., The Salk Institute.

### NATIONAL SPOTLIGHT ON WOMEN IN SCIENCE

The March 13 issue of *Science* carried a 16-page special report on women in science. San Diegans quoted include Joyce Freiwald of General Atomics on the importance of mentoring and UCSD faculty members Stephen and Deborah Spector on the challenges of a two-career science marriage. Freiwald, a mathematician, credits her father with instilling her early interest in science. "When I was in the fifth grade, he gave me his high school physics book," she said. San Diego AWIS alerted the local media about this special Science issue and news stories appeared in both the *San Diego Union* and the *San Diego Daily Transcript*.

On March 20, National Public Radio devoted its "Science Friday" program to issues facing women in science.

### AWIS FILM PROJECT

AWIS National is in the planning stages for a documentary video to motivate junior high and high school girls to consider careers in science. AWIS asks your help in identify women scientists to appear in this film. Your suggestions should include 1) your name and phone number, 2) name of proposed on-camera profile, 3) professional affiliation (work address and phone number), 4) scientific discipline, 5) brief description of scientific work, 6) why you are suggesting this woman (interesting career history? achievements? background?)

Mail (or FAX) your suggestions to Alice Deutsch, Metro-NY AWIS, 889 Broadway, Apt. 6A, New York, NY 10003, FAX (212) 643-0688. DEADLINE: May 8.

### PUBLIC MEETING ON AFRICANIZED HONEY BEES

The San Diego County Department of Agriculture, Weights and Measures is planning a series of meetings to receive public input on the San Diego-Imperial Counties Africanized Honey Bee (AHB) Draft Action Plan. Africanized Honey Bees, sometimes referred to as "killer bees" in the media, are expected to arrive in California in 1993 or 1994. Experience in Mexico has shown that the potential impacts of AHB on agriculture and public health can be greatly minimized through careful preparation. The Draft Action Plan outlines the County's strategies for public education, beekeeping practices, training suggestions for local fire and rescue personnel, and other important topics.

Three meetings have been scheduled at this time to accommodate residents from the entire county. The schedule is as follows:

April 27, 7 p.m., County Administration Center (Board Chambers, Room 310), 1600 Pacific Highway, San Diego

May 7, 7 p.m., San Diego County Farm Bureau, 1670 E. Valley Parkway, Escondido

May 14, 7 p.m., El Cajon City Council Chambers, 200 E. Main Street, El Cajon

To receive more information, to submit written comments, or to obtain a copy of the Draft Action Plan prior to the meetings, contact:

Jennifer Tierney, San Diego County Department of Agriculture, Weights and Measures, 5555 Overland Avenue, Building 3, San Diego, CA 92123, (619) 694-3122

### MEMBER NEWS

For the second time in as many years, AWIS member Grete Hemmingsen has taken top honors in the Greater San Diego Science fair. Grete, a 12th grader at La Jolla High, was named Senior Sweepstakes Winner (life sciences).

AWIS wishes to thank the following members for their participation as Science Fair judges: Peg De Rose (committee chair), Jennifer Royce, Sandy Slivka, Lisa Stein, Cathleen Davies, Sabine Apitz, Elinoir Williams, Lynn Deng, Ann Kressin, and Cindy Lewis.



## SCIENCE FAIR WINNERS

The following are winners of this year's AWIS Science Fair Awards.

**Tamara Jewell Morris**, grade 10 (Patrick Henry High School), for "TV Affects on Children's Understanding of Reality."

**Constance Lee Chen**, grade 11 (La Jolla High School) for "Maturation, Tumorigenicity and Gene Expression LOV as a Recognition Protein"

**Trina L. Seymour**, grade 7 (Lincoln Middle School) for "Does Deforestation Increase CO<sup>2</sup> in Our Atmosphere?"

**Judith Brooks**, grade 8 (Bell Junior High School) for "Encapsulation of Alkali Ions in Fullerenes"

## GET PHYSICAL

Mercy Hospital, will hold an open house at the Atlas Health Club in Mission Valley from 8 a.m. to 2 p.m. on Saturday, May 16, to introduce women to its MercyCare Women's Services. This is a free membership program that offers education and health care services in breast care education, health and fitness events, support groups, maternity classes, etc. Atlas Health Club is located at 901 Hotel Circle South (behind the Mission Valley Inn). Bring your workout clothes and swimwear. Lockers and towels will be provided. Space is limited, so register by May 8 by contacting: MercyCare Women's Services, phone 260-7133.

## CAREER CORNER

Americans have become a society of compulsive receipt savers. However, all the conscientious record-keeping in the world won't help if there's no organization to your files.

### What to Keep

- **Wills:** Put your will in a safe-deposit box or leave it with your lawyer. Either way, keep a copy at home and review it every three years to keep it up to date.

- **Insurance policies:** Keep them in your home file, with the name, address and phone number of your insurance agent attached.

- **Personal documents:** Anything you need to prove who you are belongs in a fireproof safe or safe-deposit box. This includes birth and marriage certificates, divorce papers, military records, citizenship or adoption papers, diplomas, licenses and permits.

- **Bank records:** Keep passbooks, recent bank statements, canceled checks, loan agreements, statements of earnings or certificates of deposit and correspondence with the bank in your home files.

- **Tax records:** Keep paycheck stubs showing the amount withheld for taxes until you receive a W-2 statement from your employer with the year's total. Keep records of stock dividends, free-lance payments and any other income that's

not subject to withholding for as long as you keep tax returns. If you under-report income by more than 25 percent, the IRS has six years to audit your tax return. Keep returns that long.

- **Bills and receipts:** Keep receipts for all items you've changed until the bills come in, then make sure the bills are accurate.

- **Warranties and guarantees:** Keep receipts for all appliances attached to warranty cards showing what repairs the manufacturer will make and for how long.

- **Employee benefits:** File annual statements on the status of your pension, profit-sharing or employee thrift plans. Keep employment contracts in a safe-deposit box.

- **Retirement plans:** Make a list of the number and location of all retirement accounts (Keogh plans, IRAs, annuities) and put it in your safe-deposit box. Keep current statements and other records in your file cabinet.

- **Investments:** Keep stocks, bonds and other securities in a safe-deposit box. Also photocopy the certificates or write down their identification numbers to make them easier to replace if lost.

- **Deeds, titles, surveys:** Records of purchase, property description and proofs of ownership belong in your home safe or safe-deposit box. Also keep records of sales since you may have to prove a gain or loss to the IRS.

### What to Throw Away

- All canceled checks made out to cash, the supermarket, relatives and friends.

- Canceled checks more than 6 years old, unless they're for home improvements.

- Tax returns and records more than 6 years old.

- Bank statements older than a year.

- Bills, receipts and warranties for items you no longer own.

- Bills and receipts for routine expenses (such as utilities) more than 6 months old.

- All quarterly statements for which you now have an annual report.

- All materials involving securities you no longer own, except transaction records.

*The AWIS-San Diego newsletter is published bi-monthly and provides AWIS members and supporters with information on chapter activities, career-enhancement opportunities, and issues related to women in science. The newsletter is free to AWIS members; subscription rate for non-members is \$20 a year. Send news items and suggestions to Lynne Friedmann, Editor, 168 Solana Point Circle, Solana Beach, CA 92075 or call (619) 793-3537. Deadline for the next newsletter is June 10.*