July AWIS Event
Career Development Workshop
Janice Payne

How well does your “wheel of life” roll? That was one of the topics of Gaylene Pringle’s seminar on Career Development presented at the July AWIS event at Dura Pharmaceuticals. Gaylene Pringle, founder and president of The Leadership Edge, Inc., gave a humorous, enlightening presentation entitled “Creating the Career You Want.” She began by having the participants complete a “Master Dream List.” We were told not to be afraid to dream and to make a list of anything we had ever wanted to do, have or buy. Gaylene shared a few of her own dreams with us – winning the Nobel Peace prize and attending race-car-driving school. Her five-year-old son, Sean, dreams of being a construction worker named Steve.

We were then asked to take an inventory of where we are in our current careers. “Am I as excited about my work today as I was when I first began this work?” was the first question on a list that was designed to provide insight into the changes that we may need to make in our careers.

The “wheel of life” is a circle divided into six sections, each representing one aspect of life: Family, Career, Health, etc. We were asked to rate where we fell in the circle versus our ideal. Then by connecting the dots we could tell how round or balanced our wheel was. The goal of the workshop was to encourage us to incorporate dreams into goals and help us identify the ideal career.

Gaylene herself created her own career in 1989 when she founded The Leadership Edge. She attended the Wharton School of Business at the University of Pennsylvania and earned a B.S. degree in Economics. After working for a large corporation, Gaylene chose to start her own business. She now provides custom training programs in leadership, management and business development. If you’d like more information about The Leadership Edge, Gaylene has a website at www.TheLeadershipEdge.com.

Many thanks to Marilyn Ferrari for organizing this event.

June AWIS event
Know What a Kimberlite Is?*
Marcelle Vogel

Those who attended The Nature of Diamonds exhibit on June 26 at the San Diego Museum of Natural History do! This fascinating tour included the science of how diamonds are formed, mined, cut and distributed, as well as how they became the standard for engagement and wedding rings. Many people don’t realize the commercial and industrial uses this intriguing gem has.

With rarities such as the internally flawless 407-carat Incomparable diamond, one of the largest tiara collections in the world, and a number of pendants, brooches, bracelets and rings, there is something here for every girl to dream about. Maybe diamonds really are a girl’s best friend.

The Nature of Diamonds runs through September 7. Call (619) 232-3821 for more information.

*Kimberlite is a column of magnus rock that shoots carbon and other gems and minerals from the earth’s core to the surface.

For the record

The July/August edition of the AWIS newsletter omitted the name of Emelyn Eldredge as the photographer of the Women in Bioscience Conference.

Women in Bioscience Conference photo by Emelyn Eldredge.
AWIS Outreach & BE WISE Working Together
Barbara Armstrong

The San Diego AWIS Outreach Committee, working with the “Science Alliance” affiliate BE WISE, Better Educated Women in Science and Engineering, redistributed back issues of SCIENCE magazine to local teachers on the BE WISE e-mail database. BE WISE is a local organization working to improve science education among girls in grades K – 12. “This is an example of how the teacher data base by e-mail works - for the benefit of all, (scientists) who have something to donate and teachers who will be the recipient” said Pat Winter, BE WISE Director. The e-mail database can also work to connect scientists with classrooms. In addition to printed resources, resources in the form of science presentations can be listed in the e-mail database for teachers who would like a scientist to speak to their science class. Thank you to all who donated SCIENCE magazines: Sue Lowery, Anita McElroy, Ellen Kroninger, Kathy Parker, and Ron Mazumder. The teachers are planning to use the journals to improve the reading skills of their students.

Help !! - Year 2000 AWIS Scholarships & Year 2000 AWIS Gala
Tina Kuus-Reichel

The AWIS San Diego Scholarship Committee (me) needs a few good women to help with next year's scholarship program. I need help to administer this year's scholarship applications as well as the organization of the 2000 AWIS Gala, that will be held next Spring to raise funds for 2001 scholarships. This year we granted six $500.00 scholarships to help deserving, local women pursue a career in science and we want to do it again !!! Contact Tina Kuus-Reichel (phone: (619) 621-3242; e-mail: tkr@beckman.com) if you want to help women scientists attain their career goals.

AWIS Members – “On the Move…!”

Silke Thode is now a Senior Scientist at Iconix Pharmaceuticals. She can be contacted at Iconix by snail mail, phone, or e-mail:
850 Maude Avenue
Mountain View, CA 94043
tel: (650) 567-5500
fax: (650) 567-5540
e-mail: sthode@iconixpharm.com

Denise Hickey has joined Collateral Therapeutics as Assistant General Counsel.
11622 El Camino Real
San Diego, CA 92130
e-mail: dhickey@collateralthx.com

AWIS Members – “On the Move…!” (continued…)
Emelyn Eldredge is a Medical Writer for IDEC Pharmaceuticals.

Share your new job or promotion with your fellow AWIS members by sending an e-mail to newsletter editor Barbara Armstrong @ baawis@access1.net, or call the AWIS voice-mail @ (619) 687-5580, or send a note to AWIS at P.O. Box 178096, San Diego CA 92177-8096.

Upcoming AWIS Events

September
Biotechnology: The Industry
Amy J. Percy, Ph.D., MBA
Saturday Sept. 18
8:30 am – 4:30 pm
Gen-Probe
10210 Genetic Center Dr.

Being a successful scientist in the biotechnology industry is more than just doing good science. Amy Percy will discuss the many aspects of the industry which influence scientific research. The course is an excellent introduction for those entering the biotech industry.

Topics include:

* Patents and Intellectual Property
* Clinical Trials and the FDA
* Financing Strategies
* Manufacturing & Quality Control
* Management Issues

Fees:

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<tr>
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Directions: from the 805, take Mira Mesa Blvd. East for about 2 miles until you pass the Gen-Probe Building on the left side of the road. Turn onto Genetic Center Dr. and make an immediate left into the parking lot. RSVP to Melissa Cunningham by September 13 by e-mail: melissac@gen-probe.com or AWIS voice-mail: (619) 687-5580

October
Guided Tour of the Mount Laguna Observatory (Jointly with Sigma Xi)
(Families welcome)

For more information call the AWIS voice mail (619) 687-5580 and ask for Marilyn Ferrari
November
Joint AWIS/ACS (American Chemical Society) Meeting
Career Development: WORKSHOP Making your career Y2K compliant.
Sat., November 6
8:30 am – 1:30 pm (includes lunch)
Location: (To be determined.)
This is an excellent opportunity to learn how to effectively manage your career. The workshop will provide interactive, participation oriented seminars designed to give you all the tools you need to enhance your career whether you are looking for your first job, transitioning to a new field, or looking to advance in your current field. The event is open to all AWIS and ACS members. (Men are welcome to attend this workshop.)

This workshop will include many topics essential for successful job search and career advancement:
* Managing an effective Job Search
* Resume Preparation
* Employment Outlook
* Marketability & Job Security
* Strategies for Job & Career Transitioning
* Strategies for Advancement in Your Current Field: Bench to Management
* Career Resources

December
AWIS Goes to the Nutcracker

The AWIS Events committee welcomes your ideas for events. E-mail suggestions to Marilyn Ferrari @ mfrar1@san.rr.com or phone the AWIS voice mail and leave a message for Marilyn (619) 687-5580.

San Diego Chapter Welcomes the Following New Members:

<table>
<thead>
<tr>
<th>Name</th>
<th>Affiliation</th>
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<tbody>
<tr>
<td>Kim Barrett</td>
<td>UCSD Medical Center</td>
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<tr>
<td>Cheryl Blaze</td>
<td>Sierra Biomedical</td>
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<tr>
<td>Susan Carroll</td>
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<tr>
<td>Dawn Clizbe</td>
<td>The Salk Institute</td>
</tr>
<tr>
<td>Shireen Khan</td>
<td>UCSD</td>
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<tr>
<td>Teresa Larsen</td>
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<tr>
<td>Cathy Manner</td>
<td>The Salk Institute</td>
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<tr>
<td>Jane Moores</td>
<td>Hybritech</td>
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<tr>
<td>Diana Orentas</td>
<td>BioTronic Technologies, Inc.</td>
</tr>
<tr>
<td>Janice Payne</td>
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AWIS-San Diego Contact Directory Update
Susi Jennings

Just a reminder to send in your updated information for the AWIS-SD contact directory. Any changes or additions you would like to make to your database listing (mailed to members at the end of July) can be sent to either the AWIS-SD e-mail address (sdawis@san.rr.com), with “member update” in the subject line, or to the AWIS-SD P.O. box address listed at the end of this newsletter. The deadline for changing your listing for the contact directory is September 6th. Also, please be sure to notify us if you would not like to be included in this directory.

San Diego Chapter

Important AWIS Information
Call:
AWIS Voice Mail (619) 687-5580
Visit:
AWIS National Web Site: http://www.awis.org
AWIS-San Diego: http://awis.npaci.edu
Write:
AWIS National
1200 New York Avenue, NW, Suite 650
Washington, DC 20005

AWIS, San Diego Chapter
P.O. Box 178096
San Diego CA 92177-8096

About the AWIS Newsletter
The AWIS Newsletter is published bimonthly and provides AWIS members and supporters with information on chapter activities, career development, and issues related to women in science. The newsletter is free to AWIS members. Subscription rate for non-members is $20 a year. Newsletter committee
Barbara Armstrong  Cathy Manner
Elaine Weidenhammer  Janice Payne
Angelika Kehlenbach

Send news items and subscription requests to Barbara Armstrong via e-mail: baawis@access1.net or AWIS, P.O. Box 178096, San Diego, CA 92177-8096. If you would like your article to be included in the next issue, please send your newsletter item(s) in by October 7.
**Posting Jobs in the AWIS newsletter:** To post a job in the AWIS newsletter, contact Barbara Armstrong via e-mail: baawis@access1.net or AWIS PO Box: 178096, San Diego CA 92177-8096. AWIS will request a donation of $25.00 per posting to offset the cost of printing and mailing. Deadline for inclusion in the November/December newsletter is October 7. If submitting by snail mail, be sure to write Attn: Newsletter Editor on the bottom left corner of the envelope.

<table>
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<tr>
<th>AWIS Committees:</th>
<th>Contacts:</th>
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<tr>
<td>AWIS-SD Database</td>
<td>Susan Jennings, <a href="mailto:sdawis@san.rr.com">sdawis@san.rr.com</a></td>
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<tr>
<td>Outreach</td>
<td>Lee Fortunato, <a href="mailto:leef@biomail.ucsd.edu">leef@biomail.ucsd.edu</a></td>
</tr>
<tr>
<td>Scholarship</td>
<td>Tina Kuus-Reichel, <a href="mailto:tkr@beckman.com">tkr@beckman.com</a></td>
</tr>
<tr>
<td>Newsletter</td>
<td>Barbara Armstrong, <a href="mailto:baawis@access1.net">baawis@access1.net</a></td>
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<td>Publicity</td>
<td>Elaine Weidenhammer, <a href="mailto:eweiden@nanogen.com">eweiden@nanogen.com</a></td>
</tr>
<tr>
<td>Events Planning</td>
<td>Marilyn Ferrari, <a href="mailto:mferrar1@san.rr.com">mferrar1@san.rr.com</a></td>
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**AWIS Board: E-mail Address:**

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<th>Board Members 1998-1999:</th>
<th>E-mail Address:</th>
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<tbody>
<tr>
<td>Lee Fortunato</td>
<td><a href="mailto:leef@biomail.ucsd.edu">leef@biomail.ucsd.edu</a></td>
</tr>
<tr>
<td>Marcelle Vogel</td>
<td><a href="mailto:marcelle.vogel@ljpc.com">marcelle.vogel@ljpc.com</a></td>
</tr>
<tr>
<td>Sharon Wampler</td>
<td><a href="mailto:swampler@preclinical.com">swampler@preclinical.com</a></td>
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**Advisors 1998 –1999:**

<table>
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<tr>
<th>Bylaws</th>
<th>Denise Hickey, <a href="mailto:dhickey@collateralthx.com">dhickey@collateralthx.com</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership</td>
<td>Susan Jennings, <a href="mailto:sdawis@san.rr.com">sdawis@san.rr.com</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Melissa Cunningham, <a href="mailto:melissac@gen-probe.com">melissac@gen-probe.com</a></td>
</tr>
<tr>
<td>Website</td>
<td>Sharon Cherf, <a href="mailto:scherf@qualcomm.com">scherf@qualcomm.com</a></td>
</tr>
</tbody>
</table>

**Moving? Address change?**
Please give us your new address so you won’t miss our mailings! You may e-mail Susan Jennings at: sdawis@san.rr.com. Phone AWIS voicemail: (619) 687-5580 or mail changes to AWIS – San Diego, PO Box 178096, San Diego, CA 92177-8096.

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